

# CONSENT IS... PERMISSION

## ASK FIRST!

May I...?

Does this feel good?

Do you like it when I ..?

What turns you on?

Is this still okay with you?

By asking for and respecting consent, you are telling your partner that you are trustworthy, that you want them to be comfortable, and that you truly care about them.

## Advocacy Center Locations

### Pendleton

Administrative Office  
1103 SE Court Place  
Mon-Fri ~ 8am-5pm

### Milton-Freewater

722 S Main St  
(City Hall Basement)  
Call for appointment

### one

365 W 3rd St  
Call for appointment

**541 - 276 - 3322**

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### Hermiston

1050 W Elm Ave, Suite 250  
Mon-Fri ~ 8am-5pm

### Boardman

200 City Center Circle  
Call for appointment

**541 - 567 - 0424**

[www.dvs-or.org](http://www.dvs-or.org)



## The Organization

### **Domestic Violence Services, Inc. (DVS)**

is a non-profit agency that provides Emergency Services to victims of Domestic and Dating Violence, Sexual Assault, & Stalking and works toward ending this violence in the communities we serve. The service area is all of **Umatilla** and **Morrow** Counties.

# CONSENT WHAT IS IT?

## Domestic Violence Services, Inc.

*Serving Umatilla & Morrow  
Counties Since 1977*



***Safety, Help, & Hope***

**24 - HOUR CRISIS LINE  
1 - 800 - 833 - 1161**

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# THE IMPORTANCE OF CONSENT

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Consent is not only important, it is required! It is not only the right thing to do, it is the only legal option when it comes to intimate contact with another.

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# NO CONSENT... IS RAPE!

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Checking for consent with your partner helps create a more enriching and enjoyable experience and helps make sure neither partner is being hurt.

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# CONSENT IS... RESPECT!

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# CONSENT IS... ACTIVE

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This means that just because someone doesn't say "no" doesn't mean they consent. Being active in consent means that both partners have given an enthusiastic "YES!"

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# CONSENT IS... A CHOICE

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It is the responsibility of both partners to make sure the other person feels safe to say either "yes" or "no". True choice can only be present when there is no pressure to answer a certain way. Both must be prepared for a "no."

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# CONSENT IS... A PROCESS

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Consent requires a lot of open and honest conversation between partners with a lot of trust. Just because something was fine one day doesn't mean it is still okay the next.

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# CONSENT IS... EQUAL POWER

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This means that both partners are on a level playing field with equal say in what happens. If someone is underage, drunk, asleep, or in any other vulnerable position, they are unable to consent.

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