# What Help is Available?

WE HAVE TRAINED ADVOCATES STANDING BY 24/7 TO HELP YOU

1-800-833-1161

# **OUR ADVOCATES CAN PROVIDE:**

- ◆One on One Support
- Safety Planning
- ◆Court Support and Advocacy
- Emergency Safe Shelter
- Advocacy with Other Agencies
- Information and Referral
- Group Support
- Education and Information for Friends and Family

# DVS Advocates are eager to help you with your safety needs!

We serve all persons without regard to race, color, national origin, ethnic background, religion, gender, sexual orientation, age, socio-economic status or physical or mental abilities.

# Advocacy Center Locations Pendleton

Administrative Office 1103 SE Court Place Mon-Fri ~ 8am-5pm

# Milton-Freewater

722 S Main St (City Hall Basement) Call for appointment

### <u>lone</u>

365 W 3rd St Call for appointment

541 - 276 - 3322

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# **Hermiston**

1050 W Elm Ave, Suite 250 Mon-Fri ~ 8am-5pm

# **Boardman**

200 City Center Circle Call for appointment

541 - 567 - 0424

# www.dvs-or.org





# The Organization

Domestic Violence Services, Inc. (DVS)

is a non-profit agency that provides
Emergency Services to victims of
Domestic and Dating Violence, Sexual
Assault, & Stalking and works toward
ending this violence in the communities
we serve. The service area is all of
Umatilla and Morrow Counties.

# WHAT IS DOMESTIC VIOLENCE?

# Domestic Violence Services, Inc.

Serving **Umatilla** & **Morrow**Counties Since 1977



Safety, Help, & Hope

24 - Hour Crisis Line 1 - 800 - 833 - 1161

# **DOMESTIC VIOLENCE**

Domestic Violence (DV) is a pattern of behavior in which one person in a relationship attempts to exert control over another.

It is often referred to as, Intimate Partner Violence (IPV)

# **DV CAN INCLUDE**

- Physical Abuse
- Sexual Abuse
- Emotional Abuse
- •Financial Abuse
- Verbal Abuse
- Spiritual Abuse

# **DV LOOKS LIKE**

- Slapping, hitting, kicking, shoving, grabbing, strangling and biting
- Destroying personal property
- Preventing you from seeing friends and family
- •Belittling you in public and/or private
- Forcing sex
- Threats of harming you, kids, pets, other loved ones
- Preventing you from going to class and/or work
- •Controlling and jealous behavior
- •Not letting you practice your religion

# **CAUSES OF DV?**

DV is often blamed on drugs, alcohol, bad childhood, anger issues, the list could go on. Although some of these may be present, they are not the cause, they are excuses!

# **POWER & CONTROL**

DV is all about power and control, or rather, an imbalance in power and control. Abusers in these relationships work to obtain and maintain this power and control over their partners.



There are many forms of abuse in DV. Most will come in the form of other controlling tactics.

These work to break the victim down and tear down their self-esteem. Physical violence is often introduced only after other forms of abusive behavior have been present, escalating the safety threat to the victim.

# **OTHER VIOLENT CRIMES**

Domestic Violence is often associated with other violent crimes and behaviors such as Stalking, Sexual Assault, and Child Abuse.

### **STALKING**

- •Often begins when an individual leaves a domestic violence situation.
- \*This is especially true where threats have been made such as.....
  - "If I can't have you, nobody can!"
- •60.8% of female stalking victims reported being stalked by a current or former intimate partner.

# **SEXUAL ASSAULT**

- •All 50 states consider marital rape to be a crime.
- •During the course of an abusive relationship, 40 - 45% of women will also be sexually assaulted
- Marital rape is the most under reported form of sexual assault.

# **CHILD ABUSE**

- •Approximately 3.3 million children witness violence toward their mothers each year.
- •It's not unusual to have a perpetrator who abuses their spouse, also abuse the children in the home.
- Many child victims have a greater risk for being re-victimized later in life.