
What Help is Available?

Confidential advocates are available 24 hours a day!

1-800-833-1161

Our advocates can provide:

- *One on One Support*
- *Information and Referral*
- *Advocacy with Other Agencies*
- *Group Support*
- *Education and Information for Friends and Family*

Face Challenges TOGETHER!

Let your teen know they are not alone and that you want to work WITH them to find a safe future.

We serve all persons without regard to race, color, national origin, ethnic background, religion, gender, sexual orientation, age, socio-economic status or physical or mental abilities.

Advocacy Center Locations

Pendleton

Administrative Office
1103 SE Court Place
Mon-Fri ~ 8am-5pm

Milton-Freewater

722 S Main St
(City Hall Basement)
Call for appointment

Ione

365 W 3rd St
Call for appointment

541 - 276 - 3322

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Hermiston

1050 W Elm Ave, Suite 250
Mon-Fri ~ 8am-5pm

Boardman

200 City Center Circle
Call for appointment

541 - 567 - 0424

www.dvs-or.org



The Organization

Domestic Violence Services, Inc. (DVS) is a non-profit agency that provides Emergency Services to victims of Domestic and Dating Violence, Sexual Assault, & Stalking and works toward ending this violence in the communities we serve. The service area is all of **Umatilla and Morrow Counties.**

TEEN DATING VIOLENCE

For Parents

Domestic Violence Services, Inc.

Serving *Umatilla & Morrow Counties* Since 1977



Safety, Help, & Hope

24 - HOUR CRISIS LINE
1 - 800 - 833 - 1161

What is Teen Dating Violence?

Teen dating violence (TDV) is a form of intimate partner violence that specifically affects teen relationships.

In these relationships, one partner uses various tactics and behaviors to gain and maintain power and control over the other partner.

Abusers
will often employ a variety of tactics to keep control of their partner

Abuse can range in type & severity

The following are common forms of abuse:

Physical: physical assault that may or may not result in injury

Sexual: any form of intimate contact that is coerced or is not consensual

Emotional: derogatory or negative insults to make them feel bad about themselves

Social: words or actions with the intent to isolate them from friends or family.

***1 in 3**
Adolescents in the U.S. is a victim of dating violence

*LovesRespect.org

Special Considerations

Teenage victims face barriers that are unique to teens.

These are some things that should be considered when safety planning:

Proximity Concerns: Teens often attend the same schools as their abusers. They may be in the same classes or clubs, ride the same bus, or participate in the same activities.

Protection Order Restrictions: Teens may not be eligible for protection orders based on their age or the age of their abuser.

Lack of Experience: Teens generally have less relationship and life experience. They may lack experience in identifying healthy and unhealthy relationships.

Talk with your teen
TODAY

You don't have to have all the answers.

Talk to your children openly and honestly to help share your experiences and your concerns.

My Child is a Victim! What Do I Do?

Most parents want to help their child be safe and TDV can make safety a major concern for teens and their families.

Below are some ways you can help your children who may be struggling:

Believe: Believe what they are telling you. It may be hard to hear, but if you start by believing, you can help them take steps toward safety.

Take it seriously: TDV can be just as dangerous as domestic violence in adult relationships, so treat it that way.

Help safety plan: Safety plans help a victim prepare for instances of harassment or abuse. They cannot control the abuser, but they can try to minimize the impact of the abuser's actions. Go through a list of "what ifs" and help find the safest options. Practice the plan.

Nurture independence: It is common for parents to want to shield their children, but teens are wanting to branch out and become independent. Nurture this natural desire for independence by involving them in the safety planning and not safety planning for them.

Relationships
are about
RESPECT